

NEED A LIFT

Defy Gravity

Over time, the natural, youthful arch of your eyebrows begins to drop. With that comes the sag of the upper eyelid, creating a tired look. A full, tight face lift is no longer the only answer to taking years off your face. The safer, more effective and natural approach is a brow lift. Using an endoscopic technique, Dr. John Burns raises sagging brows, which gives a three-for-one punch: The forehead is smoothed, the eyelids are lifted and the eyes are more open. Clients end up looking refreshed, not surgerycertified. The procedure is short-just one to two hours-and can even be done with local anesthesia, based on how comprehensive a client's needs are. With a quick recovery of only one to two weeks, this procedure is an antiaging panacea that we can get on board with. \$5,200, 9101 N. Central Expressway, 214.515.0002, drjohnburns.com



PLEASED TO TREAT YOU

Tighten Up Whether it's weight gain and loss or the rapid adjustments your body makes during pregnancy, it's difficult to keep a tight tummy even with the most rigorous exercise program. In recent years, the comprehensive mommy makeover has been popular, with the tummy tuck taking centerstage. Dallasites seek out Dr. Fred Hackney for his no-drain procedures, which eliminate the need for cumbersome drains after surgery. After removing excess skin and fat, and tightening the upper and lower abdominal wall, Dr. Hackney uses dissolving sutures under the skin to reattach muscle—a crucial move for busy women who don't want to deal with the tedious, round-the-clock care of medical drains. Another procedure he performs: the mini tuck. For women (or men!) who require only minimal tightening below the navel, this less-invasive surgery rids the stomach of that last bit of flab that all those crunches can't kill. Who's ready for bikini season? From \$7,500 - \$9,500, 8315 Walnut Hill Lane, Ste. 225, 214.346.9222, drhackney.net



MEET THE EXPERT

REJUVENATION GURU

It's been a hush-hush topic for years, but not anymore. Women are flocking to board-certified gynecologic surgeon **Dr. Wesley Anne Brady.** Dallas' only female cosmetic gynecologist, for labiaplasty and vaginal rejuvenation. For aesthetics or comfort issues, Dr. Brady's clients swear by her artist's touch and technique for this sensitive surgery. 9101 N. Central Expressway, Ste. 550, 214.442.0055, womenswellnessinstitute.com

HAPING UP

New Boost We think we may have found the holy grail of breast implants. Dallas plastic surgeon **Dr. Robert Hamas** has invented the revolutionary, new, FDA-approved IDEAL IMPLANT, which gives women volume and the organic slope of natural breasts. The best part? By using technology that offers the look and feel of silicone gel with the safety of saline inside, any worries of rupture disappear. 8345 Walnut Hill Lane, Ste. 201, 214.363.1073, idealimplant.com

