



Photography By Tamytha Cameron Photography

MODERN LUXURY SPOTLIGHT

INFLUENTIAL WOMEN IN MEDICINE

WESLEY ANNE **BRADY, MD**

For over twenty years, Dr. Wesley Anne Brady has been leading the charge in women's wellness. As the only female Cosmetic Gynecologist in the city, Dr. Brady and her all-female team at Women's Wellness Institute of Dallas take pride in the ways their work is positively impacting women across the Metroplex. Surprisingly, theirs is the only practice in North Texas specializing solely in Cosmetic Gynecology and nonsurgical urinary incontinence treatments. Dr. Brady also offers a variety of non-invasive options to improve sexual function and gratification using FDA-cleared technologies, along with wellness services, like bioidentical hormone therapy. "I'm a perimenopausal wife and mother to three children, and understand how pregnancy, delivery, and the passage of time can result in unique functional and aesthetic conditions which can subtract from a woman's quality of life," she says. "As a Cosmetic Gynecologist, I know my patients have more options today than ever to address these issues, to improve confidence and comfort, thereby

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allowing women to return to the lifestyle they desire and deserve." Admittedly, the biggest reward of her work is restoring pride and self-confidence in her patients, many of whom have been told for decades that unfulfilling or painful intercourse and low libido, for example, are genetic or normal symptoms of the aging process. Next year, she's moving into a 7,000-squarefoot location on the fifth floor of Preston Sherry Plaza, where she'll be expanding the Med spa, adding a Concierge Gynecology practice, and onboarding a world-renowned Urogynecologist. 2023 will also herald the launch of her line of plant-based nutraceuticals. Outside of work, giving back is a hallmark of Dr. Brady's philosophy, and for the past fifteen years, she's collaborated with many empowering organizations like Sisters Network Dallas, Inc., Genesis Women's Shelter, Face Forward International, and Clayton Dabney for Kids with Cancer.

WOMEN'S WELLNESS INSTITUTE OF DALLAS 8215 WESTCHESTER DR., SUITE 111, DALLAS, TX 75225 214.442.0055 WOMENSWELLNESSINSTITUTE.COM

